

9735 Wilshire Blvd #300 Beverly Hills, CA 90212 (310) 746-4060 ceo@ivaday.com

Abu Dhabi Gate City Abu Dhabi Islamic Bank Building Level 3, Suite 305 Abu Dhabi, United Arab Emirates

# **ALESSI INSTITUTE MENU**

## HAPPY HYDRATION

Your hydration status is often overlooked as a cause for many symptoms. With a full day of fun on the beach, dehydration can occur. Hydration therapy can alleviate fatigue, stress, hunger, flush out toxins, moisturize the skin and support the immune system. Get hydrated with our B12 cocktail, electrolytes, and vitamin C.

#### BYE-BYE HANGOVER

Late night fun should not ruin your trip. No need to suffer from the effects of a hangover. Our proprietary blend of B vitamins with hydration and electrolyte will help remove the hangover blues.

## MITOCHONDRIAL YOUTH BUILDER

NAD+ (a found coenzyme in all of our cells) can help you think sharper, look sexier, and feel younger. It has also been known to aid in reducing the loss of muscle mass, hypertension, abdominal obesity, poor liver function, metabolic Disease, hearing loss, and chronic fatigue. NAD+ and other vital mitochondrial components decrease with age. By combining our NAD with beauty boosters, Amino Acids, and brain phospholipids, it will help establish brain and muscle youthfulness again.

Formulation: NS 500cc, Glutathione 100mg, B1 and B3 each 500mg, B2, B3, B6 each 10mg, Glutamine 150mg, Arginine 500mg, Mg 400mg, Calcium 100mg, NAD

## BEVERLY HILLS BEAUTY

The IV facial is a mainstay of our celebrity clientele. Start your vacation by being beautiful inside and out. Rehydrate, replenish and restore with the Beverly Hills solution that includes antioxidants which have been shown to inhibit the aging of the skin. This solution containing vita-complex, zinc chloride, electrolytes is ideal for hydrating the skin and restoring collagen and elastin. In addition, high doses of vitamin C and Glutathione will brighten your skin leaving you feeling younger, beautiful and more confident than ever. This vitamin IV facial is a mainstay of our celebrity clientele in Beverly Hills.

#### **IMMUNITY BOOSTER**

Boost your immune system to help fight whatever life throws at you. High dose ascorbic acid has been shown to fight the effects of infections. Our proprietary blend of vitamins, ascorbic acid, vita-complex, zinc chloride, and glutathione will get your immune system up and running! Also, great if you have a cold or flu.

## ANTI-AGING ELIXIR

Fight the signs of aging with our proprietary anti-aging infusion. Along with antioxidants, glutathione, and skin nutrients, this solution is ideal for hydrating the skin and restoring collagen and elastin which is deficient in aging skin. This is a great solution to do daily to counter the deleterious effects of sunbathing.

#### FITNESS RECOVERY

The idea for the weekend warrior to a pro athlete or that after-work gym session. Our vitamin IV hydration combined with electrolytes, Taurine, Vitamins, Amino Acids (protein building blocks), vita-complex, zinc chloride, and glutathione will assist in recovery and muscle building.

## JET LAG TONIC

Kick your jet lag after your cross country excursions with this solution of Ascorbic Acid, Vita Complex, Mineral Blend, Glutathione Peptides, and energy boosters. This therapy will help you say goodbye to jetlag either upon your arrival or departure, enjoy your trip to the fullest.

## **FAT BURNER**

Summer coming up? Shedding for the wedding? Kick start your weight loss journey with our weight loss infusion. Amino acids including Arginine help to reduce toxins and give your cells good nutrients. Also, with Taurine, digestion is improved, fats are broken down. Also, with

Diet Boost capsules, this is the perfect start to a diet that works. Also, proper hydration helps to alleviate hunger pangs. Burn that fat!

## MASTERED MYERS' COCKTAIL

An updated formulation of the Johns Hopkins pioneer in IV therapy, Dr. Myers. This cocktail has suggested that it can be clinically effective against acute asthma attacks, migraines, fatigue (including chronic fatigue syndrome), fibromyalgia, acute muscle spasms, colds, chronic sinusitis, seasonal allergies, chronic depression/anxiety, and other disorders. This vitamin therapy contains Magnesium, Calcium, Various B vitamins, and Vitamin C that is claimed to be beneficial for a broad range of conditions.

#### PRE-SURGERY BHIT DRIP

Prepare your body with an infusion of vitamins before you head into surgery. Prepare your body for rapid recovery, wound healing and cell regeneration with our vitamin complex formulated exclusively for pre-surgery. Ensure that your system is up to snuff before surgery with our solution of Vitamin C, Calcium, Magnesium, Zinc, Glutathione, Taurine, B Complex and nutrients to optimize healing potential and your immune system.

## POST-SURGERY RECOVERY BHIT DRIP

The ideal solution for post-surgery recovery. Help your body recover from the stress of surgery and promote healthy cell rejuvenation with this specialized post-surgery vitamin complex. Packed with high dose vitamin C, Calcium Magnesium, Zinc, Glutathione, Taurine, B Complex, amino acids, and vitamins, this power infusion is the ideal aid for a healthy recovery. It helps with healing and ramps up the immune system to fight infections.

#### **HEAVENLY HAIR**

Our hair maximizer IV has all the building blocks for healthy shiny hair and can help prevent hair loss. With our formulation of hair-specific Amino Acids, Selenium, and Biotin, your hair follicles will be giddy with nutrition. Also, inquire about combining the IV with PRP scalp injections.

## **SWEET DREAMS**

Did you bring life's stress with you on holiday? Can't stop thinking about that huge presentation due Monday? Having trouble sleeping? Our vitamin IV special sleep combination of Vita-Complex, mineral blends and magnesium is the answer. Relax, hydrate, sleep-sweet dreams!

#### HONEYMOONERS

Hey Honeymooners - need some extra energy? Feeling a bit slow on vacation? Our energy booster will give you the getup and go go go that will make your holiday truly

memorable. The amino acids, minerals, vitamins and an extra shot of taurine is what your mitochondria are screaming for.

## **BOOSTER SHOTS**

Vitamin B12 Slimming Boost Glutathione

Anti-inflammatory\* Anti-nausea\* Headache Buster\*

Anti-inflammatory \*Note: Requires physician's

Wonder Drug permission

## **PARTNERS**

Mani Dr aurence Pikkin





Sheal oisture

A Better Way to Beautiful since 1912